

JUNE
EDITION
2013

Franklin Highlands Newsletter

162 SEAVER ST. DORCHESTER, MA 617-427-7677

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For Questions, Please Contact Us:

162 Seaver Street
Dorchester, MA 02121

Phone:
617-427-7677

Email:
info@fpdta.com

Or visit our website:
www.fpdta.org

June Residents' Meeting

The next All Residents Meeting will be held Monday, **June 3rd at 162 Seaver Street**. The meeting starts promptly at **6:00pm**.

Light refreshments will be served.

Summer Camp Registration

The Franklin Park Development Tenants Association is now accepting applications for Summer Camp.

You can pick up the application at 162 Seaver Street from May 13, 2013 - June 13, 2013. We will need a copy of the child's Birth Certificate and Immunization Records.

The ages for camp are 6 years old - 13 years old. If you would like additional information please feel free to contact Patricia or Juanita at 162 Seaver Street, Monday - Friday @ 617-427-7677. Camp starts July 8th, 2013 - August 16, 2013.

The hours are from 8:00am - 3:00pm. If you would like to take a peek at last year's summer camp, feel free to check our web site at www.fpdta.org

Family Computer Science

We'd like to give a "**Special Shout Out**" to all the residents and their families who attended the Family Computer Science class that we hosted in our **Computer Center**. The parents had the opportunity to learn with their children, and it was a wonderful experience. We offered this program to our Residents & their families.

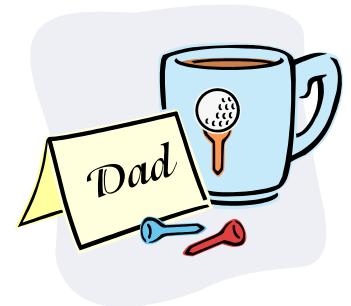
We would also like to take this time to thank Learn 2 Teach / Teach 2 Learn, who made this program a reality. Look for a couple photos on pages 4 and 5!

Computer Center

June 13th will be the last day for the Computer Center for the Summer, as we will begin the Summer Camp soon after.

Summer Hours

The Tenant's Association begins it's Summer Hours June 10th. The hours are Monday—Friday from 7am to 3pm.



Recycling Program

Franklin Highlands Apartments is participating in Boston's recycling program. There are blue recycling bins in the rear of your buildings for your use. Acceptable items include:

Newspapers, Milk Cartons, Flattened Cardboard Boxes, Empty Pizza Boxes, Glass Bottles, Tin/Aluminum Cans, All plastic Containers.

For the complete list, or questions, contact the management office at 617-442-1500.

Watermelon Mojitos

Prep time : 10 min
Makes: 4 drinks

Mix 2 watermelon chunks with the juice of 1 lime and 2 teaspoons sugar in each glass. Stir in a handful of mint leaves, then add 2 ounces white rum and ice. Top with ginger ale; garnish with more mint.



Mango Daiquiris

Prep Time: 10 min
Makes: 4 Drinks

Ingredients:

1 ripe mango, peeled, pitted and chopped
1/4 cup lime juice (2 limes) Crushed Ice
1 teaspoon sugar syrup 3/4 cup white rum

Place the mango, lime juice, sugar syrup and rum in a blender and process until smooth. Pour the mixture over a glass full of crushed ice.

To make sugar syrup, heat 1 cup sugar and 1 cup water in a small saucepan until the sugar dissolves.



Mango-Yogurt White-Rum Smoothie

Ingredients:

2 ripe mangoes, peeled, pitted and chopped
2 cups Greek yogurt
1/2 cup mango nectar
1/2 cup white rum
Crushed ice
2 to 4 tablespoons simple syrup

Combine mango, yogurt, nectar, rum and a few cups of crushed ice in a blender and blend until smooth and frothy. Sweeten with simple syrup, if needed. Divide among 4 glasses and serve.



Dry Rub Baby Back Ribs

Ingredients:

1 tablespoon paprika
1 1/2 teaspoons packed dark brown sugar
1 1/2 teaspoons finely grated orange zest
1 1/2 teaspoons salt
3/4 teaspoon ground cumin
1/2 teaspoon ground black pepper
1/4 teaspoon cayenne pepper
4 pounds baby back ribs, cut into 2-rib portions

Prep: 10 min

Inactive: Up to 24 hr

Cook: 2 hr 0 min

Yield: 4 to 5 servings

Directions:

In a small bowl, stir together all ingredients except the ribs. Rub spice mixture all over the ribs. Cover and refrigerate ribs for at least 2 hours or up to 24 hours.

Preheat oven to 400 degrees F.

Place the ribs in a roasting pan. Bake for 1 to 2 hours, until meat easily pulls off the bones.



Free Online Classes

Many colleges are offering free or reduced cost classes online. Some of the classes will earn you a Certificate of Completion or Statement of Accomplishment upon completion.

<https://www.edx.org/> - Harvard, MIT, Berkeley
http://www.openculture.com/free_certificate_courses
<http://www.openculture.com/freeonlinecourses>

Free Official GED Practice Test



For registration info go to www.rcc.mass.edu/ged or call 617-427-0060 x5048.

Saturday, June 8th	Writing	8:45 AM
	Reading	11:20 AM
Saturday, June 15th	Math	8:45 AM
	Social Studies	11:00 AM
	Science	12:45 PM
Tuesday, June 18th	Writing	5:15 PM
	Reading	7:45 PM
Wednesday, June 19th	Social Studies	5:15 PM
	Science	7:00 PM
Thursday, June 20th	Math	5:15 PM

TEST LOCATION: Roxbury Community College, Building 3 –Academic Building – Room 121.

ARRIVE 15 MINUTES before each exam to check in. If you are late you will not be admitted.

PHOTO ID is required to check in to all exams. You cannot be admitted without your ID.

CELL PHONES are prohibited in the test room. Anyone with a phone in his/her possession in the test room will be asked to leave immediately. Other electronic devices (iPods etc) are also prohibited.

CANCELLATIONS must be made 48 hours in advance. CALL 617-427-0060 x8 5048 or EMAIL ged@rcc.mass.edu

LATE CANCELLATIONS (less than 48 hours in advance) or NO-SHOWS will incur a fee of \$10 PER TEST that must be paid before rescheduling.



TIME IS RUNNING OUT!

Starting in 2014, there will be a new GED test. The current version of the GED test is expiring at the end of 2013 and your scores will expire too if you don't finish and pass the test by then. **December 14th, 2013** will be the last date to test on this version of the GED. Finish now so you won't have to re-take the parts you have already passed.



June Volunteer Day

Saturday, June 1st 10am—12pm
 Phone: 617-442-4141
 Place: Circuit Drive and Glen Road, Dorchester, MA

Join our woodlands restoration campaign and help cut down invasive Japanese Knotweed in the Wilderness. It is satisfying outdoor work and you will help create a healthier forest for all of us!

Lawn Tennis Re-Enactment & Fitness Day

Saturday, June 1st 12pm—4pm
 Place: Shattuck Picnic Grove

Join us for turn-of-the-century lawn tennis and more fitness events at the Shattuck Picnic Grove!

Franklin Park from “A to Z” History Tour

Saturday, June 9th 10am—12pm
 Place: Franklin Park, Back Entrance to Zoo
 Pierpont Road, Dorchester, MA

Join the National Olmsted Historic Site for a fun tour of Franklin Park. Call the Olmsted Historic Site at [617-566-1689](tel:617-566-1689) for more information.

Summer Solstice Bike Tour

Wednesday, June 19th 6pm—8pm
 Place: Eliot Square, Roxbury to Olmstead & beyond
 \$10 per ride. Bring your own bike & helmet

All of these events are free unless otherwise stated. Visit www.franklinparkcoalition.org for more events and information.



Every Saturday morning from 9:15-10am
 You can be pool side workin' it out!

BCYF Recreation Center at Madison Park
 55 Malcolm X Boulevard, Boston MA 02120
 \$5.00 per class
 come one, come all...

For more information please feel free to email Tiffany Young at: ZumbaWithMsTiff@gmail.com or call: 617-407-6928.

Thank you



The kids and parents in the Family Computer Science Class are having their second class. They are learning how to make a game on the computer.

2013 Health & Fitness Expo



Now plans are under way to make the sixth health fair the best one yet.

Making health care accessible and even 'fun' is what the free Health and Fitness Expo is all about.

When: June 22nd and 23rd

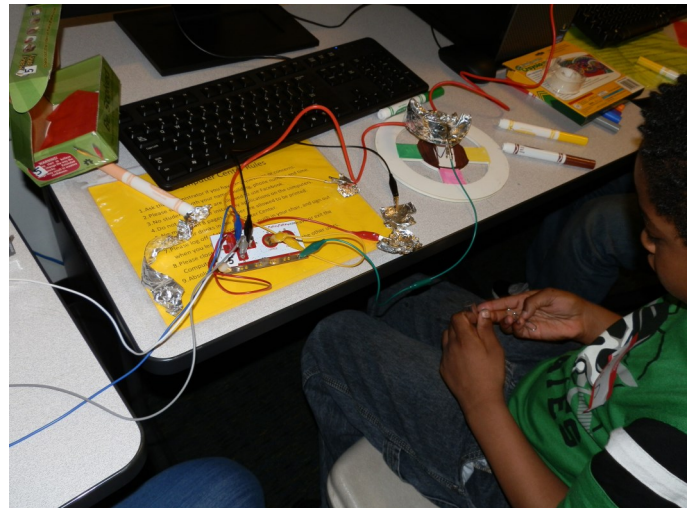
Where: Hynes Convention Center

Price: Free!

Channel 7's free Health and fitness Expo has been a hit from the beginning, with 70,000 people turning out each year for health screenings and fitness exams. Plus, the chance to meet Channel 7 personalities and more.

Mark your calendar for June 22 and 23 at the Hynes Convention Center. The health fair will be here before you know it.

One of the kids in the class puts together his driving wheel, which will let him play his computer game.



Massachusetts Senate Special Election

The 2013 United States Senate special election in Massachusetts will be held on June 25, 2013 in order to fill the Massachusetts Class II United States Senate seat for the remainder of the term ending January 3, 2015.

The candidates in the election are:

GABRIEL E. GOMEZ, Republican

EDWARD J. MARKEY, Democrat

RICHARD A. HEOS, Twelve Visions Party

Voting day is Tuesday, June 25th.

Please take the time to get out and vote!

June Holidays & Events

- 6/6/13—D Day (WWII)
- 6/14/13—Flag Day
- 6/16/13—Father's Day
- 6/19/13—Juneteenth
- 6/21/13—Summer Solstice (The longest day of the year!)
- 6/21/13—Go Skate Day

June is National Fresh Fruits and Vegetables Month!

JUNE 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Franklin Highlands Newsletter

- The Management Office will like to remind residents that your rent is due **NO LATER THAN THE 6TH OF THE MONTH.**
- The Management Office will begin Summer hours May 28th. We will be open from 7:30am to 3:30pm each day.
- The Office will be closed Monday, May 27th for Memorial Day.
- Please make sure if you light a candle or incense in your unit, that it is placed in a safe area. Never leave any candles or incense unattended.
- All trash should be put inside the dumpsters and not left in any common areas on the property. If we find any trash bags left in common areas, they will be search and the household will be held responsible.
- **UNDER NO CIRCUMSTANCE**, should anyone be buzzing people into the buildings if you are not expecting them. Adhering to this is imperative to keeping our buildings and neighbors safe. If someone should ring your bell stating that they don't have their

Make healthy food choices.

See if you can draw a line to the soccer ball in the center by making the most healthy food choices.

Elige comidas saludables.

Trata de dibujar una línea hacia la pelota de fútbol del centro eligiendo las comidas más saludables.



Answer: Grapes and salad / Respuesta: Uvas y ensalada



Boston Bowl
820 MORRISSEY BLVD.
Boston, MA, 02122
(617) 825-3800

May 1st – September 2nd
9am – 6pm Monday – Sunday

Ages 18 and under, standard shoe rates apply.
Children must be accompanied by an adult. Apply at KidsBowlFree.com.



Tuesday, June 4th—Thursday, June 6,
2013

Noon—8pm each day

City Hall Plaza, Boston